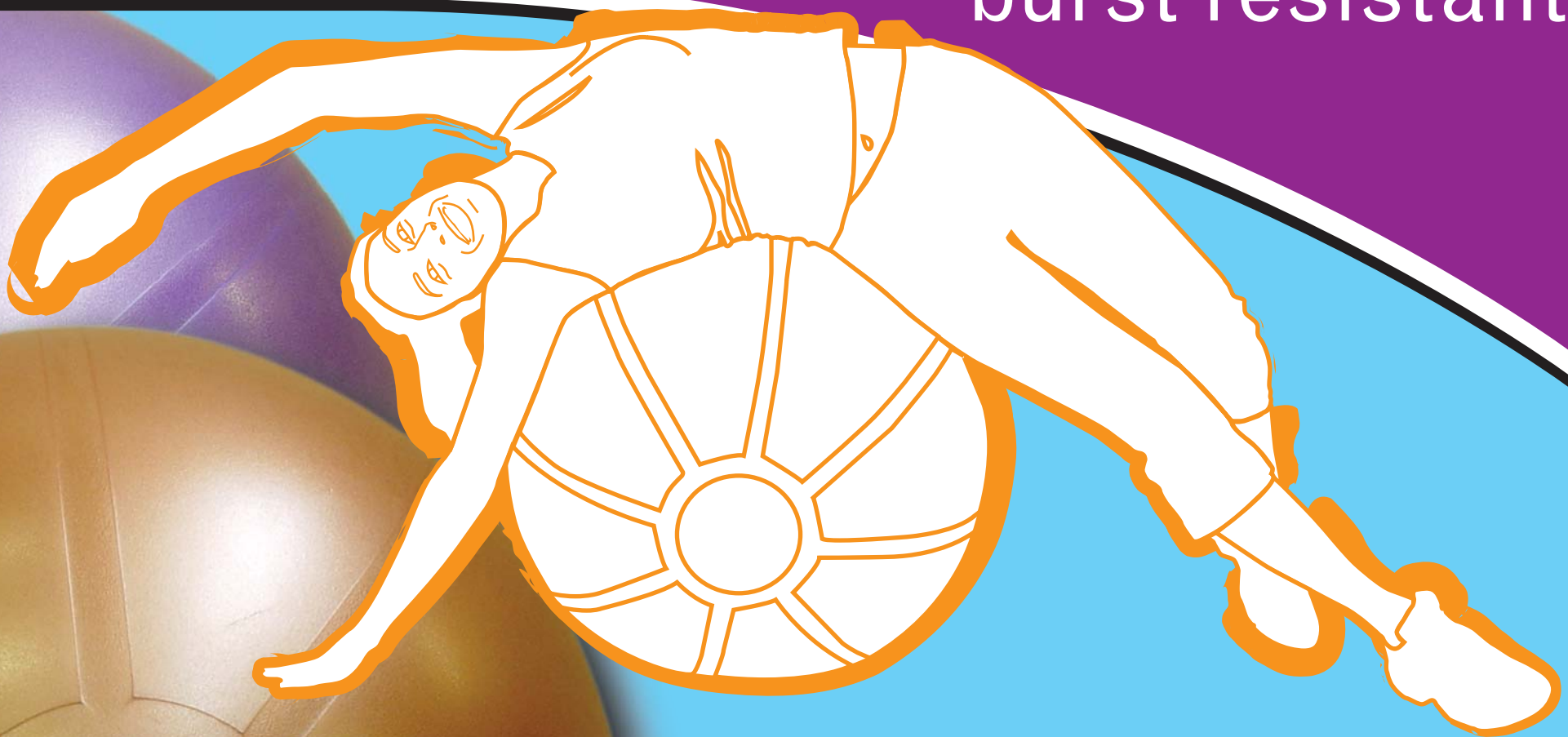


AOK™

The Power of Balance!

balance
recreation
exercise
sitting
stability
core strength
stretching
burst resistant



mediBall® Pro

size guide

BALL SIZE	JUNIOR	SMALL	MEDIUM	LARGE
MAX BALL DIAMETER diameter is the vertical height of the ball	45cm	55cm	65cm	75cm
COMBO SIZING suitable for combined sitting and exercise	<150cm	150-165cm	162-183cm	180-200cm
EXER-SIZING suitable for mainly exercise	<160cm	160-175cm	175-195cm	195cm+

f.a.q^s and benefits

WHY AOK OVER COMPETITION

- **AUSTRALIAN MADE**
- **QUALITY CONTROL** all AOK balls are pre-inflated and inspected for fault during the manufacturing process
- **RESEARCH** the materials and design process are the result of 5 years of development in conjunction with Newcastle University
- **DURALON** Duralon burst resistant technology promotes long ball life due to resistance of wear, tear and stretching
- **BURST RESISTANCE** AOK balls are burst resistant up to 500kg dynamic load, and take approx 30 seconds to deflate

www.aokhealth.com